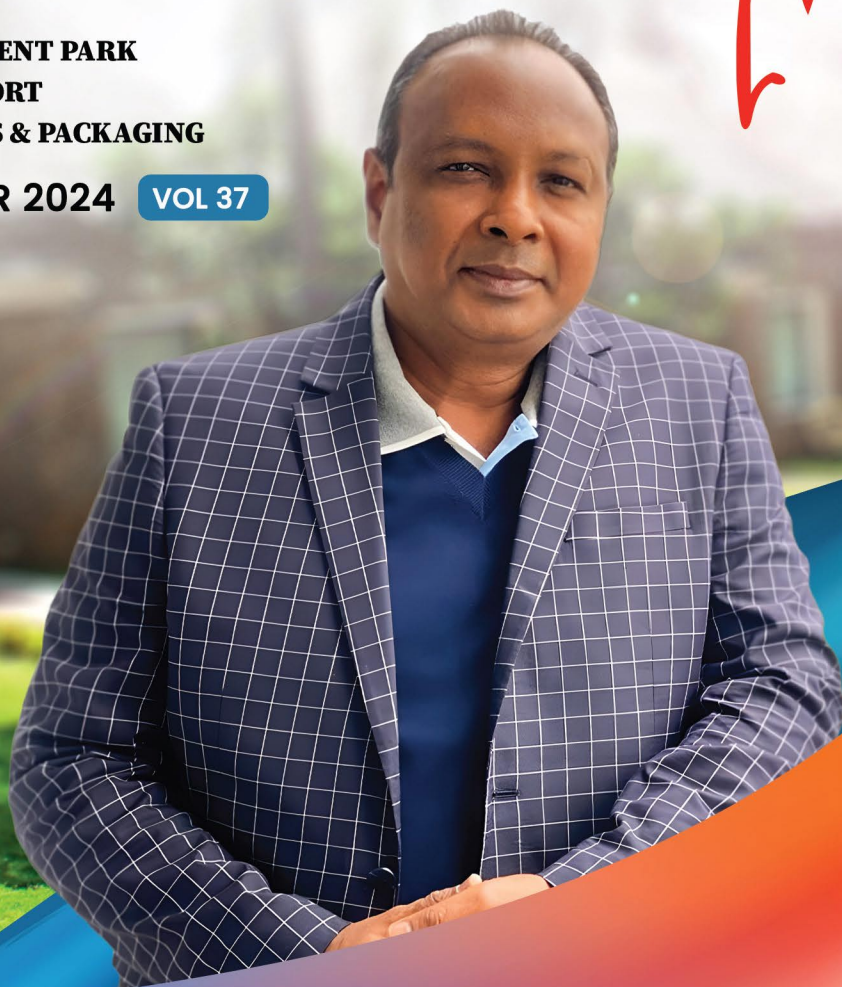


- LOGISTICS
- HOTELS & RESORTS
- IMFL
- AMUSEMENT PARK
- TRANSPORT
- PLASTICS & PACKAGING

OCTOBER 2024 VOL 37



MD'S
DICTUM

WELLNESS AND HEALTH

At MGM Group, we believe in holistic wellness, which encompasses physical, mental, and emotional well-being, aligning with our commitment to providing enriching experiences. Here are some tips to incorporate wellness into your lifestyle while avoiding burnout

PRIORITIZE REGULAR EXERCISE:

Stay active with activities that you enjoy, whether it's a brisk walk, yoga session, or a dance class. Physical activity boosts mood and energy levels, promoting overall wellness.



BALANCE NUTRITION:

Fuel your body with nutritious meals that include a variety of fruits, vegetables, lean proteins, and whole grains. Avoid excessive consumption of processed foods and sugary snacks, opting for wholesome options instead.

PRACTICE MINDFULNESS:

Incorporate mindfulness techniques like meditation or deep breathing exercises into your daily routine. Take moments throughout the day to center yourself and reduce stress levels.



STAY HYDRATED:

Drink plenty of water throughout the day to maintain hydration levels and support optimal bodily functions. Limit intake of sugary beverages and caffeinated drinks, opting for water as your primary choice.

CONNECT WITH NATURE:

Spend time outdoors, whether it's enjoying a leisurely walk in a nearby park or participating in outdoor recreational activities. Nature has a calming effect on the mind and can help alleviate stress.

TO AVOID BURNOUT, REMEMBER TO:

SET BOUNDARIES:

Establish clear boundaries between work and personal life to prevent overextending yourself. Learn to say no to additional commitments when needed and prioritize self-care.

PRACTICE TIME MANAGEMENT:

Efficiently manage your time by prioritizing tasks and delegating when possible. Break larger tasks into smaller, manageable steps to prevent feeling overwhelmed.

TAKE REGULAR BREAKS:

Incorporate short breaks throughout your day to rest and recharge. Step away from your work environment, even if it's just for a few minutes, to clear your mind and reduce stress.

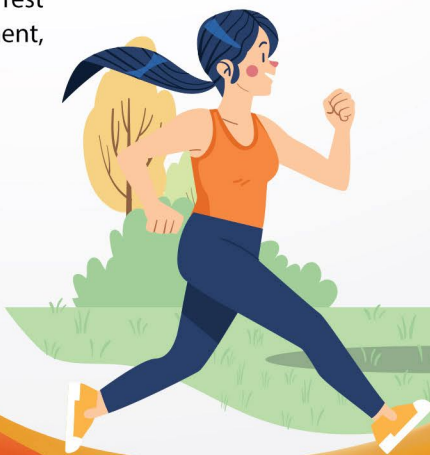
SEEK SUPPORT:

Don't hesitate to reach out to colleagues, friends, or family members for support when needed. Sharing your concerns and seeking advice can help alleviate stress and prevent burnout.

LISTEN TO YOUR BODY:

Pay attention to signs of physical and mental fatigue, such as headaches, irritability, or difficulty concentrating. Take proactive steps to address these symptoms, such as getting adequate rest or seeking professional help if necessary.

MGM ANAND
GROUP MANAGING DIRECTOR



RAGS TO RICHES

EXCERPTS FROM THE BOOK

Ocean Park is an excellent place for recreation and tourism. Take for example, our idea of recreation here. We go to Mahabalipuram and take with us all food and edibles from our house. Under a shady tree we all sit and eat our own food and on the way back take tea or bajji¹ at Golden Beach and return. This is the concept of an excursion for us. Some people think that going to a temple is the only excursion they can afford. Whenever I saw such tourist places in Hongkong, I asked why could we not link tourism with knowledge and intellect. When I went to Hongkong for the third time, I was honoured by the Tamil Sangam which was formed by Telugus, Kannadigas and North Indians. This shows the popularity of Tamil. While talking about the greatness of Hongkong and its people, we should understand, that the Hongkong traders don't like

Indians. This is because Hongkong people do business only with rich persons. They don't like to bargain while doing business. We always bargain. So they don't like or respect Indians. A taxi would also stop and pick up an African Negro or Japanese, but they won't do this for an Indian. The Chinese treat Indians as door mats. The Hongkong Chinese respect only money, but not the human being. This great Buddhist Community is like this in Hongkong. I asked my friend Ameen about this phenomenon. He said, you must also blame the Indian behaviour, as many of us behave abnormally. Indians will go and see a calculator and ask for the price. On hearing the price in dollars, our Tamil customer would say 1 can get this cheaper in my place and walk away. Hundreds of our people behave like this and so the traders don't want to waste their time with people who would never buy, but only haggle over the price.

CHAPTER - 21

MY FIRST OVERSEAS EXPERIENCE

Continuation From April 2024 - MGM News letter



I was emotionally upset upon hearing this and immediately took my friend Kader's brother-in-law and went to a Hongkong shop. The shopkeeper was highly indifferent seeing that I was from India. Then I asked him to give me a pair of high quality shoes. He was aghast at the fact that an Indian was asking for a shoe of high price. Immediately he offered beer, cool drink, etc. He showed me many pairs of shoes. I bought a very high priced pair for \$120. Next, I went to an optician's place. He was wearing a Cartier spectacle. I asked them to give me three pairs. Immediately, a girl offered me beer. I got three pairs and they respected me very much. The Chinese people who do business in Hongkong never had respect for persons. They value money and only money. If you have money they will give you royal treatment. If you have no money, you will be ignored. Even in international relations, it is true. If you are a rich country, other nations honour your country. In Hongkong even the richest man will not go in for cars as there is no parking place. Everything is under the sea so they travel by bus or train. We went by a cruise boat and alighted at the Star hotel in the midst of the sea. Everything is available here but the cost is very high. Hongkong boat hotels are very famous. In India, there is a rule that nobody should build anything within 200 metres near the sea. The rules change from state to state. In Mumbai, you find a mosque within the Sea. At Nariman Point, they fill the sea with sand, and buildings come up. In Goa also, the beach is full of buildings. How this law does not apply to Madras, is a mystery. Madras strictly adopts the 200 metre rule. Half of Hongkong is under the sea. Hongkong is not polluted. But in Madras, the refuse of 60 lakh people is put into the sea deliberately by huge pipes. Throughout the world, tourist centres are always found near the sea. Our Chief Minister Kalam Karunanidhi has tried his best to use Mahabalipuram.

BY CHEVALIER
DR. MG MUTHU
Published in 1999



To be continued.....



FOUNDER'S DAY

HONOURING THE PAST, BUILDING THE FUTURE



The MG Muthu Group honoured its Founding Chairman, the late Chevalier Dr. M.G. Muthu, on his 89th birth anniversary. Commemorated annually as the 'Founder's Day', this flagship event takes place on April 2nd 2024, at the MGM Memorial in Muthukadu, celebrating the founder's enduring vision. This special occasion was attended by the Chairperson, Group Managing Director, family members, company officials, and staff.

The event started with a prayer meeting, invoking the blessings of the almighty, and paying homage to our beloved founder, followed by a service award distribution ceremony and dinner. Employees who have rendered long years of service in the Group were awarded a gold coin along with a memento on this occasion.

CELEBRATING OUR GROUP

MD'S BIRTHDAY

On 5th April, we gathered together to celebrate a very special occasion—the birthday of our esteemed Group MD, Mr. MGM Anand. Employees Family and friends gathered on this memorable day at Rutland Gate to celebrate this occasion by cutting cake and organizing a special lunch. The MGM staff also expressed their heartfelt gratitude to Mr. MGM Anand for his continued guidance and support. Here's to many more years of success under his leadership.

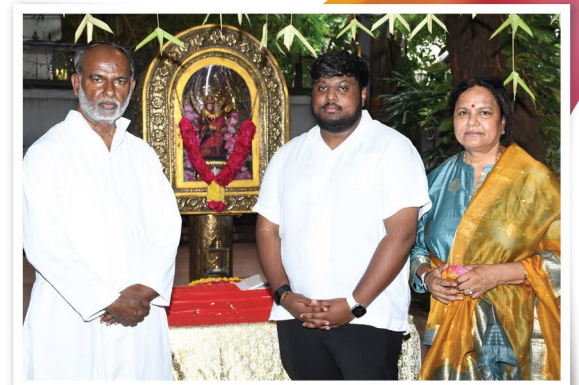


VAILANKANNI

FEAST DAY 2024

The Flag hoist on 29th August 2024 officially kick started the Vailankanni Feast Day. This 10-day long festival celebrated annually at the Basilica of Our Lady of Good Health in Vailankanni, saw throngs of devotees gathered to participate in the celebration. The festival began on the 29th of August and ended on the 8th of September.

In celebration of the feast of Our Lady of Good Health, a prayer ceremony took place on 8th September near the Madha Statue at the MGM Centre, or Head Office. The ceremony was attended by Mrs. Padma Anand, Mr. Iwyn, and by staff members from the head office to receive the blessings of Mother Mary.



INDEPENDENCE DAY

CELEBRATION



On 15th August 2024, the 77th Independence Day was celebrated with grandeur at MGM Beach Resort. The event was presided over by Mr. Iwyn and Mr. Agilan Ramaswamy, VP-HR & IR. Employees gathered at 9 AM for the flag hoisting ceremony, where the national flag was proudly hoisted by Mr. Iwyn, marking a day of patriotism and unity. The celebrations extended across all MGM properties, with each location including MGM Dizzee World, MGM Vailankanni, MGM Mark Whitefield, and MGM Whispering Winds joining in the festivities with great enthusiasm, bringing together employees and guests in honoring this significant day.

WELCOME ON BOARD



MR. MURALI DHARA VENKATA RAMAN
Sr General Manager – MGM Beach Resort

With over 29 years of hospitality experience, including roles at Empee Group of Hotels and ITC Grand Bay as Group General Manager, he brings extensive expertise. He holds a Bachelor of Science in Hotel Management and a Master of Human Resources Management. In this role, he will lead operations, reporting to the Vice President of the Hospitality Division.



MR. SARAVANAN RAMADOSS
Cluster Finance - MGM Entertainment

With over 27 years of experience in hotel accounts and finance operations, Mr. Ramadoss has worked with esteemed companies such as Kalki Consultancy, Poppys Hotels, and Radisson Blu Hotel. He holds a Master of Commerce and a Post-Graduate Diploma in Taxation. In his new role, he will oversee MGM Entertainment's Accounts and Finance, reporting to the Group Managing Director.



MR. M.A. HARIS
Resort Manager - MGM Whispering Winds

With over 12 years of experience in resort operations, including roles at Bharat Hotels, Sterling Holiday Resort, Club Oxygen Resorts, and Doves Goldfield Lake Resort, Mr. Haris brings valuable expertise to our team. He holds a Diploma in Hotel Management and will oversee all resort operations, reporting to the VP-Hospitality.



MR. MICHAEL BASKAR
Corporate IT Manager - MGM Head Office

With over 20 years of experience in Hospitality and IT, Mr. Michael has worked with notable companies such as Shriram City Union Finance, The Carlton, TVS Sundaram Motors, and ITC Fortune. He holds a Bachelor's degree in Commerce and a Diploma in Systems Hardware. In his new role, he will lead the IT department and report to management.



MR. PALANIAPPAN
General Manager - Vital Transport Division

With over 30 years of experience in logistics, documentation, and shipping operations, Mr. Palaniappan has worked with esteemed companies such as South India Corporation and VR Commodities Pvt. Ltd. He holds a Degree in Commerce from Madurai Kamaraj University. In his new role, he will lead the Vital Transport Division, reporting to the Group Managing Director.

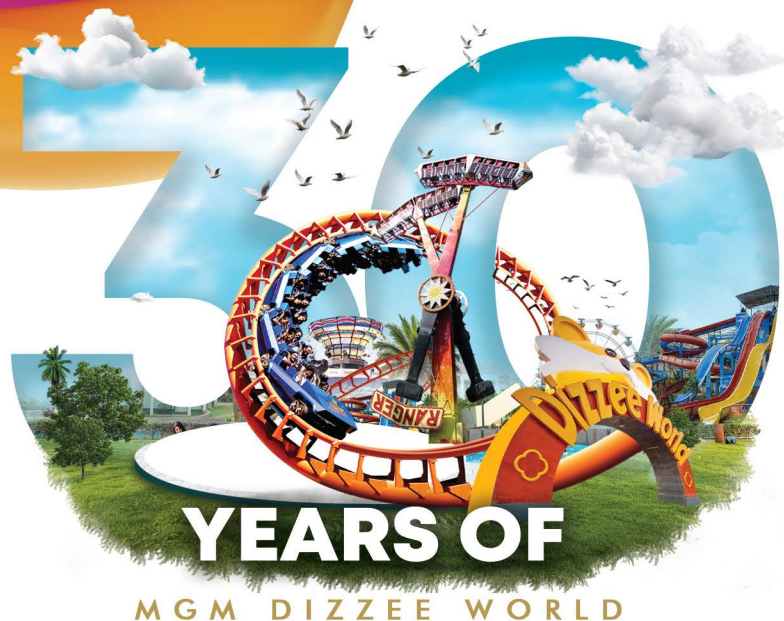


MR. G. MUTHURAMALINGAM
Senior Manager - SAFL IMFL

With over 45 years of experience in general administration, including 20 years at MGM Group in various roles across MGM Anand Transport, SAFL Liquor Division, and Vital Industries. He will lead housekeeping and general administration efforts, reporting to management.

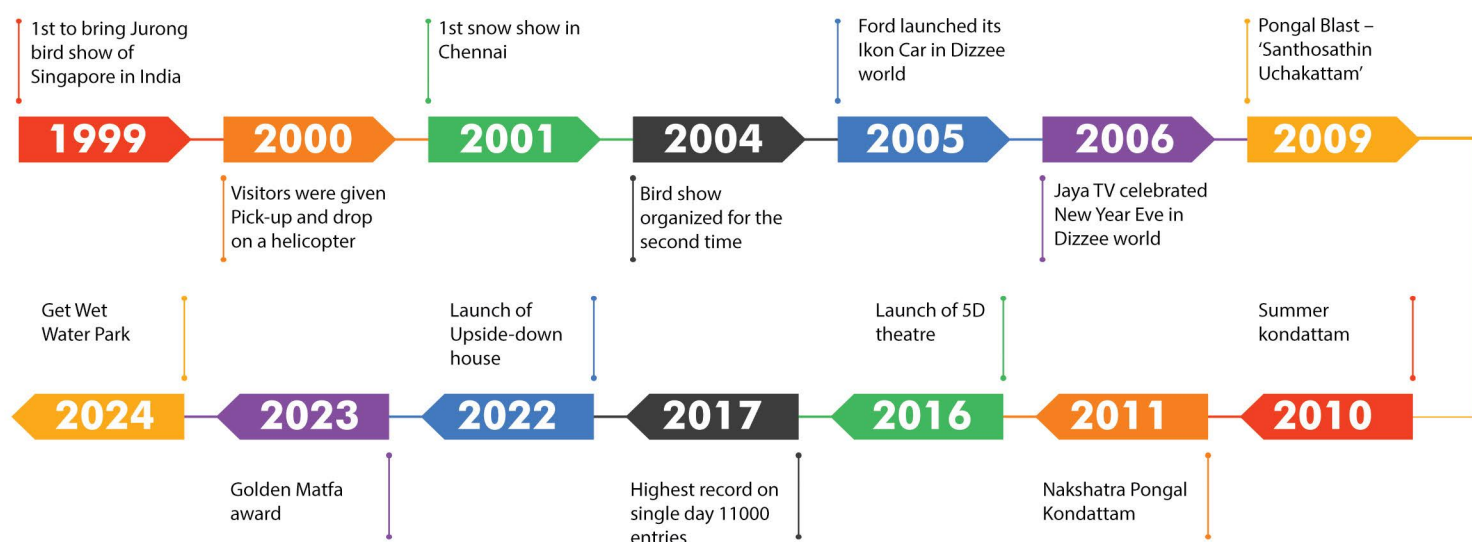
**LET'S EXTEND A
WARM WELCOME**

to all the new members of the team and wish them success in their new journey with us!



This October 6th marks a significant milestone as we celebrate the 30th anniversary of MGM Dizee World. Spanning over 30 acres of land and attracting over a million visitors each year, MGM Dizee world offers an array of rides for kids to adults alike. Creating memorable moments and joyous memories for families and thrill-seekers alike, our park has grown and evolved over the years to include exhilarating rides, exciting attractions, and entertaining events to keep visitors coming back for more.

Since its establishment in the year 1995, MGM Dizee World has achieved many historical milestones in its journey. From introducing the first 'Hot air balloon ride', to hosting the first 'Live pop concert', in Chennai, we have navigated various challenges and opportunities to establish ourselves as the brand we are. Each milestone represents not just a moment of achievement, but also the hard work, dedication, and innovation of our team. From launching mind-blowing adventure rides to expanding our presence, these accomplishments have laid a strong foundation for our future. Join us as we explore the significant milestones that highlight our company's evolution and commitment to excellence.



EXCITING NEW ATTRACTIONS AT OUR THEME PARK!

We're thrilled to announce a wave of excitement at our theme park with the introduction of brand-new rides and carnival games that are sure to delight guests of all ages! As part of our commitment to providing unforgettable experiences, we've designed these attractions to elevate your adventure and create lasting memories. From the charming Kids Ferris Wheel to the exhilarating Gyro 360 and 360 Cycle, there's something for everyone. Take a trip on the World Tour Family Ride or challenge yourself with fun games like Boxing and Ice Striker.

FAMILY DAY AT MGM DIZEE WORLD

Every year on 1st May we at MGM organize a family get-together for our employees. This year's Family Day was just as fun-filled and exciting as the previous years, where we opened our doors to welcome our employees and their immediate family members. The MGM Family Day is celebrated every year to improve the work-life balance our employees and to help establish a more rooted and deep social relationships.



30th

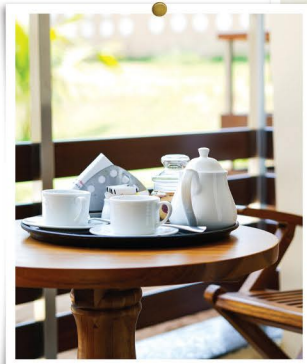
ANNIVERSARY

MGM
Hotels and Resorts
M.G. Muthu Group

#VR30Y

This year, we proudly enter our 30th year of creating unforgettable experiences at our beautiful beach resort! Since the initial opening of our doors, we have welcomed countless guests seeking relaxation, adventure, and the perfect getaway. Over the decades, our resort has evolved while staying true to our mission: to provide a serene escape and exceptional service in a stunning beachfront setting.

Join us as we commemorate this incredible milestone with a series of events and special offers designed just for you. To mark this celebration we provided a limited time special offer on a Banquet menu to bring exquisite culinary delights to our patrons. We also provided sophisticated banquet services at special rates to offer the guests our seamless hospitality.



INTRODUCING OUR NEW JUNIOR FAMILY SUITE

We're excited to announce the latest enhancements to your stay at our beach resort: our brand-new Junior Family Suite rooms and the delightful Abode Lounge. Designed with families in mind, each suite spanning 410 sq. ft, offers ample space and amenities to comfortably accommodate 3 adults. Bedecked with modern amenities, cozy furnishings, and breathtaking views, these suites create an inviting atmosphere for making lasting memories together.



ABODE LOUNGE

In addition to our Junior family suites, we're thrilled to introduce Abode Lounge our new café-style restaurant. This inviting space serves a diverse menu of delicious breakfast dishes, delectable pastries, and refreshing beverages. Whether you're looking for a quick bite before heading to the beach or a leisurely meal with loved ones, Abode Lounge offers a relaxed ambiance perfect for any occasion.



1ST QUARTERLY

BUDGET MEETING

On July 22, 2024, we held our 1st Quarterly Budget Review Meeting, bringing together key teams from across our enterprises, including MGM Hotels and Resorts, Vital Industries, and MGM Dizzee World. The meeting focused on evaluating financial performance and aligning strategies for the future. Participants included Mr. M.G.M. Anand (Group Managing Director), Mr. Iwyn Muthu, Mr. Prabhu (Financial Advisor), Mr. Dheeraj Kukreja (Vice President of Operations), Mr. Saravanan (Cluster Finance Controller), the Senior General Manager from MGM Beach Resorts, the Resort Manager and team from MGM Vailankanni Residency, and the Assistant General Manager and team from MGM Mark Whitefield. For Vital Industries, Mr. Roul (Senior Manager, Accounts) represented the team, while MGM Dizzee World was represented by the Director of Operations and their team, alongside the MGM Marketing Team.

The meeting featured a comprehensive review of financial performance, departmental updates, and discussions on future initiatives, ensuring all teams remain aligned and prepared for the challenges ahead.

ROMANTIC

MOONLIGHT DINNER

ON A BOAT

Our MGM Beach resort recently started a moonlight dinner activity, which became an enormous hit with its patrons. Owing to this success, an additional boat-themed moonlight dinner venue has been opened-up at MGM Beach Resort. Our moonlight dinner offers a curated menu featuring exquisite dishes along with a delightful package that includes a bouquet, an intricately adorned cake, and a fine selection of beverages. From sumptuous appetizers to delectable desserts, each course is designed to tantalize your taste buds and complement the romantic atmosphere.

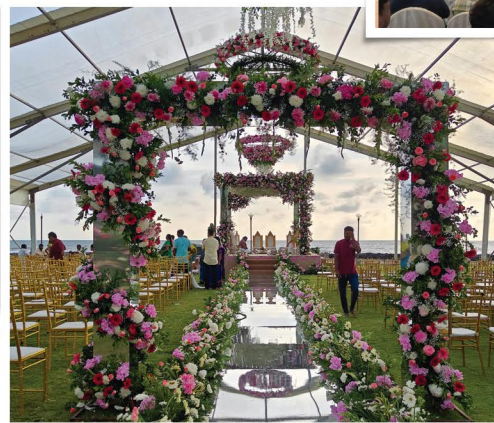
As you dine, the gentle waves and the soothing sounds of nature create a serene backdrop, making it the perfect setting for heartfelt conversations and cherished moments. For added magic, our attentive staff will be on hand to cater to your every need, ensuring a seamless and intimate dining experience. Whether it's a special occasion or just a night to reconnect, our moonlight dinner is the ideal way to celebrate love.



GRAND EVENTS

AT BEACH RESORTS

We are thrilled to share the highlights of remarkable events held at MGM Beach Resort. Each event showcased our commitment to exceptional service and unforgettable experiences. TVS Lucas hosted a prestigious two-day residential conference with 135 attendees, which was a great success. In July, M/s Nippon Koei India Pvt Ltd held their own two-day conference, followed by Impiger Technologies, who conducted a successful and productive two-day residential conference in our Banquet hall. Additionally, we proudly hosted several grand wedding events, beautifully curated to reflect the unique visions of the couples against our stunning beachside backdrop. We extend our heartfelt thanks to all participants and organizers for placing their trust in us, and we look forward to hosting even more memorable events in the future!



EXCITING HAWAIIAN-THEMED BEACH PARTY

AT MGM BEACH RESORTS, CHENNAI

We recently hosted a vibrant Hawaiian-themed beach party at MGM Beach Resort on August 4, 2024, to celebrate Friendship Day! The event featured an incredible lineup with DJs Suman and Madhan spinning lively tunes and a record-breaking mark of over 500+ visitors. Guests donned their best Hawaiian attire and enjoyed a fantastic day filled with delicious food, refreshing drinks, and beachside fun. A big thank you to everyone who joined us for this unforgettable celebration!



GITB AT JAIPUR, MAY, 2024

The 14th GITB – Great Indian Travel Bazaar was jointly organized by the Dept. of Tourism, Govt. of Rajasthan, Ministry of Tourism, GOI, and the FICCI from 4th to 6th May at Jaipur. The event focused on the theme – Wed in India, to promote India as a popular wedding destination. Mr. Akilesh Mishra, Sales Manager attended the event to discuss the concept with other international and national-level wedding planners.

IITM AT CHENNAI, AUGUST, 2024

IITM, India International Travel Mart, is one of the largest travel exhibition and trade show platforms in India. The event took place from August 2nd to 4th, in Chennai and was attended by Mr. Vinoth Kumar and Mr. Shyam Sundhar to promote our B2B and B2C interactions. This event serves as a platform for leading travel and hospitality brands to connect with industry professionals.

TTE AT MADURAI, JULY, 2024

TTE – Tamil Nadu Travel Expo – Madurai 2024 was a success as it sought to explore new opportunities in tourism from destination weddings and wellness tourism to adventure and medical tourism. Mr. Sridhar, GM sales and Mr. Vinoth, Sales Deputy Manager represented MGM Group at the event. The event aimed at shaping the future of tourism by focusing on sustainability, wellness, and personalized experiences.



GRAND OPENING OF WHISPERING WINDS YELAGIRI



MGM
Whispering Winds
@YELAGIRI



Tucked away in the tranquil hills of Yelagiri, Whispering Winds offers the perfect escape from the hustle and bustle of city life. Opened in April, our resort has quickly become a sought-after destination for nature lovers, families, and travelers looking for a peaceful retreat. At Whispering Winds, we provide an experience that is both relaxing and luxurious. Our newly added 12 cottage-style rooms complement the existing accommodation, offering guests a unique blend of modern comfort and rustic charm. Each room is thoughtfully designed to accommodate the guest's privacy allowing them to soak in the beauty of Yelagiri's natural surroundings in peace.



For those traveling with pets, our resort is a welcoming haven. Whispering Winds is fully pet-friendly, ensuring that your four-legged friends can enjoy the vacation just as much as you do. We also offer two elegant banquet halls, fully equipped for weddings, corporate gatherings, and private celebrations. Our dedicated team ensures every detail is taken care of, so your event is as seamless and memorable as possible. Whether you're planning a family getaway, a romantic retreat, or a special celebration, Whispering Winds promises an unforgettable stay in the serene hills of Yelagiri. Come and experience the perfect blend of relaxation, luxury, and nature at our beautiful resort.

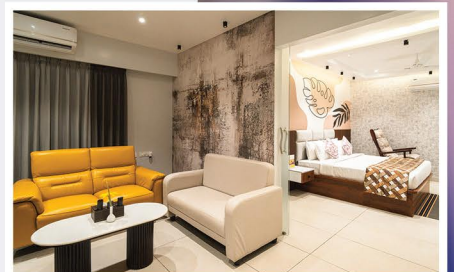


MGM
Whispering Meadows
@YELAGIRI

OPENING OF WHISPERING MEADOWS

MGM Whispering Meadows is the second addition to our properties in Yelagiri, following the highly acclaimed MGM Whispering Winds, which is rated as one of the best in the area. Whispering Meadows opened on September 14, 2024, offering a harmonious blend of luxury and nature. The property features 14 elegantly designed rooms, providing the perfect setting for comfort and tranquility, making it an ideal destination for a rejuvenating escape amidst the natural beauty of Yelagiri.

A standout feature is Shree Virundu, a fully vegetarian restaurant known for its delightful culinary experience. Focused on fresh, locally sourced ingredients, Shree Virundu offers a wide variety of wholesome and flavorful dishes, catering to health-conscious guests and those seeking authentic vegetarian cuisine. Whether you're seeking a peaceful retreat or planning a memorable event, MGM Whispering Meadows continues to elevate the guest experience in Yelagiri.



UPGRADED ROOMS AT **VEILANKANNI RESIDENCY**

We're excited to announce the latest enhancements at Vailankanni Residency, designed to elevate your stay with even more comfort and flexibility. In addition to our existing accommodations, we now offer luxurious villa-style rooms, perfect for guests seeking more space, privacy, and a home-away-from-home experience. These villas provide ample room for families or groups, with all the modern amenities you need for a relaxing retreat.

Another exciting feature is the addition of rooms with convertible sofas in the living areas, providing added versatility for your stay. These sofas can be easily transformed into extra sleeping arrangements, making them ideal for families or groups needing additional sleeping space without compromising comfort. With these new options, Vailankanni Residency continues to offer an exceptional experience, whether you're traveling for leisure, with family, or on



NEW VENTURE INTO INDUSTRIAL CATERING AT **MARK WHITEFIELD**

MGM Mark Whitefield had an eventful year, filled with celebrations, and community engagement. We celebrated Onam Sadhya, recognized our housekeeping staff on House-keeping Day, and observed World Environment Day with all our guests. We also ventured into industrial catering successfully, for a Fintech company called Zeta, laying the groundwork for our upcoming dedicated kitchen.

TRACK & TRACE INITIATIVE AT VILLUPURAM UNIT

SAFLs VPM unit has recently started a TRACK & TRACE project as a part of the TASMAL initiatives for IMFL supplies. The unit has started aligning the production, packaging and FG loading facilities with Automatic QR scanners. This scanner reads the Master QR codes of the Hologram sticker affixed in the sealed bottle caps of every Carton Box, assuring genuine IMFL products reach the Retail vending shops. The Project still in the trials stage will ensure complete traceability of the products when going live.

SAFL
Southern Agrifurane Industries Pvt Ltd



Star SPACE

MS. SOUNDARAMMAL V.
Kitchen Stewarding - MGM Vailankanni Residency



We are excited to announce that Ms. Soundarammal from the Kitchen Stewarding department at MGM Vailankanni Residency has been awarded the Star Employee. With over two decades of unwavering commitment, she consistently goes the extra mile to uphold the highest standards of cleanliness and organization in our kitchens. What truly sets her apart is her ability to cater to the individual needs of our staff, from remembering special preferences to ensuring dietary requirements are met with care. Her thoughtful approach creates a personal touch that resonates with everyone she serves. Thank you, Ms. Soundarammal, for your outstanding contributions to MGM Vailankanni Residency!

A NOTE FROM OUR STAR EMPLOYEE

I am truly honored and grateful to be recognized as the Star Employee of MGM Groups. As a cook in the staff cafeteria, my goal has always been to ensure that each of you feels at home, especially during busy days. I love preparing meals that not only nourish but also bring a smile to your faces. Every dish I create is made with care, whether it's your favorite breakfast or a comforting lunch after a long shift. Your support and encouragement inspire me to do my best every day, and I believe that food has the power to bring people together. I strive to create an atmosphere of warmth and camaraderie in the cafeteria, where everyone feels valued and cared for.

I am incredibly thankful to be part of such a wonderful team at MGM Vailankanni Residency, and I look forward to continuing to serve you all with dedication and love. This recognition means a lot to me, and it motivates me to keep giving my best! Thank you for being such an amazing team; I couldn't have achieved this without all of you. Together, let's continue to create a positive environment where we support each other and thrive.



GROUP OF COMPANIES

M G MUTHU GROUP

Credits

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